



- PHYSIOTHERAPY TREATMENTS
- HUOLENPITO-SERVICE
- AKUUTTI RECEPTION
For treatment on weekdays within 24 hours.
- SPORTS PHYSIOTHERAPY

Tampere OMT-Keskus is a pioneer in physiotherapy, having operated in Tampere "in the middle of the village" for thirty years. Our experienced and trained physiotherapists address musculoskeletal system problems, such as malfunctions of the spine, joints, fascia, or nervous system, and various other pain conditions. We identify the cause of symptoms and assist in rehabilitation. We specialize in exercise- and work-related pain conditions rehabilitation, as well as post-surgery rehabilitation. Manual therapy and mobilizations are key components of our treatment, alongside personalized exercise.

The basic idea of the **HUOLENPITO-SERVICE** is to help our customers understand their body condition, monitor it, and maintain long-term basic fitness. Regular sessions with a familiar physiotherapist through HUOLENPITO care provide a responsible and effective solution for proactive health management.

For fitness athletes or those aiming for more demanding results, the HUOLENPITO sports experts PT Service offers confidence in sports performance. The right care and exercise at the right time are crucial for rapid rehabilitation.

Our **AKUUTTI Reception** is designed for this purpose, offering access within 24 hours on weekdays.

- **Appointments:** Via the omtkeskus.fi website or by phone at 032235566.
- **No additional office or invoicing fees**

TAMPEREEN OMT-KESKUS OY
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